

Online Activities & Resources

1. EDUCATION & ART

30+ Virtual Fieldtrips

https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRkku_w/mobilebasic

Museum Tours

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

Louvre Online Tours

<https://www.louvre.fr/en/visites-en-ligne>

NASA Media Library

<https://www.diyphotography.net/nasa-makes-entire-media-library-publicly-accessible-copyright-free/>

Cincinnati Zoo & Botanical Garden

<https://www.facebook.com/cincinnati-zoo/>

Georgia Aquarium

<https://www.ozolio.com/explore/>

Virtual Classes (Languages, Arts, etc.)

<https://www.coursera.org/>

Smithsonian Museum Distance Learning

<https://learninglab.si.edu/distancelearning>

Autodesk Certification Classes

<https://www.autodesk.com/certification>

Dezeen Podcast

<https://www.dezeen.com/podcasts/>

Architecture YouTube Videos

<https://www.youtube.com/user/TheModmin>

Architecture Photoshop Tips on YouTube

<https://www.youtube.com/c/photoshoparchitecture/videos>

Architectural Digest Videos

<https://www.architecturaldigest.com/video/series/open-door>

How to Architect YouTube Videos

<https://www.youtube.com/user/howtoarchitect>

2. TRAVEL EXPERIENCES

Great Wall of China Travel Guide

<https://www.thechinaguide.com/destination/great-wall-of-china>

Various Virtual Field Trips

<https://www.insider.com/museums-theme-parks-offer-virtual-tours-ideal-for-social-distancing-2020-3>

Virtual Tour of Ellis Island

<http://teacher.scholastic.com/activities/immigration/webcast.htm>

Live Look at Colonial Williamsburg

<https://www.colonialwilliamsburg.org/webcams/>

360 Degree Video Tour of London

<https://www.youtube.com/watch?v=NakltvfbYk0&feature=youtu.be>

Various Virtual Field Trips – World Wide

<https://www.wowtravelagency.com/virtualfieldtrips>

3. ARTS & CRAFTS

Mo Willems Live Doodling

<https://www.kennedy-center.org/education/mo-willems/>

Free Daily Arts & Crafts Tutorials

<https://www.facebook.com/McHarperManor/>

Free Printable Coloring Pages

<https://mymodernmet.com/free-coloring-pages-color-our-collections/>

Skillshare DIY Projects & Learning

<https://www.skillshare.com/browse/diy>

Resources to Learn Arts & Crafts

<https://mymodernmet.com/best-online-art-classes/>

4. MIND & BODY

Calm – Yoga & Meditation

<https://www.calm.com/blog/take-a-deep-breath>

Free Yoga Classes

<https://www.corepoweryogaondemand.com/keep-up-your-practice>

Free Dance Fitness Classes

<https://www.youtube.com/channel/UCMfaFmiVFdek6NLFsB8EzNg/>

Free YMCA Classes

<https://ymca360.org/>

Meditation & Mindfulness Online Sessions

<http://events.si.edu/143846016/WorkshopMeditationandMindfulness>

Free Mindfulness Resources

<https://www.mindful.org/free-mindfulness-resources-for-calm-during-covid-outbreak/>

5. ENTERTAINMENT

MET Nightly Opera Streams

<https://www.metopera.org/about/press-releases/met-launches-nightly-met-opera-streams-a-free-series-of-encore-live-in-hd-presentations-streamed-on-the-company-website-during-the-coronavirus-closure/>

15 Broadway Plays & Musicals

<https://playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>

Host Netflix Watch Parties with Friends & Family

<https://chrome.google.com/webstore/detail/netflix-party/oocalimimngaihdkbihfgmpkcpnmlaoo?hl=en>

Houseparty Group Chat (with Games)

<https://chrome.google.com/webstore/detail/houseparty/cjkkodhikogdenlfobgbhkgogejidim?hl=en-US>

6. SUPPORT & WELLNESS

Alcoholics Anonymous Resources

<https://docs.google.com/document/d/1a71ccw7ihaWelksKwOp4AzAkYIVqSoKiN6Gsm38bKMU/preview>

Moodpath App

<https://mymoodpath.com/en/>

Support Groups Online

<https://www.supportgroups.com/online>

Depression & Bipolar Online Support Groups

<https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups>

National Alliance on Mental Health Resources

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>